

## FREE BOOKS FOR EVERYBODY

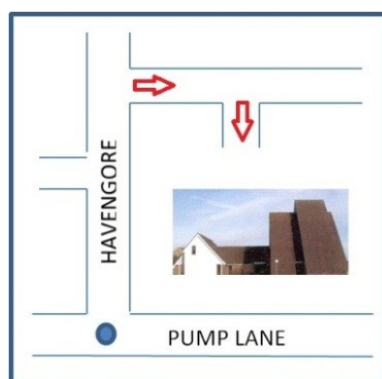
In our little book, members of North Springfield Baptist Church share in their own words their experiences of **The Difference Jesus Makes** in their lives day by day. Do help yourself to a copy at any of our services or activities.

If you would like to read about the life of Jesus from the Bible we will also be very happy to give you **a copy of the New Testament**.

## CONTACT US

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## Kaniki Bible University College

All part of the same charity, Kapumpe CPS is built and Arise is based within the walled compound of KBUC. The College provides theological education up to degree level and training for pastors through residential study or by distance learning with periodic intensive weekends of teaching. They are training pastors who will serve in all kinds of mostly Pentecostal churches. from those in the towns to some in the most remote villages.



The students work very hard in very difficult circumstances. The Library is very limited in resources. KBUC make digital "soft copies" of some study materials available by email or exchanging memory sticks but some students do not have laptops or smartphones.

They learn to share the few books available and all work is done just with pen and paper and they still manage to write essays and sit exams. Classrooms have whiteboards but no technology or PowerPoint for lectures. Photocopying is strictly limited so usually no handouts or course manuals either. While in Kaniki, Peter delivered 33 lectures and 14 seminars, spoke in Chapel and marked 30 essays and 120 exam questions covering The Synoptic Gospels and A Survey of the Old Testament. Copies of the Students' Manuals he wrote for the two lecture series are available from him.

## What can we do to help?

There is always a need for the Food Aid which Arise provides but especially this year since the rainy season was very short and harvests for everybody were very poor. Like many parts of Africa Zambia is facing a food crisis. Some families have already run out of food. Arise also needs seed and fertiliser to enable guardians to plant their fields ready for the coming year.

Kapumpe CPS are always short of the simplest of materials like paper and card. They need dictionaries for each class and they will need to buy textbooks for their new Grade 7 class next year and teachers' books for the new Zambian curriculum the government has just introduced.

The College keep their running costs to an absolute minimum and to keep fees for students affordable they are heavily dependent on donations.

Gifts for Arise, for Kapumpe CPS and for the Bible College can be sent from the UK through **The Kaniki Trust, (Registered Charity No. 1149777)**. You can give online through the Stewardship website [www.give.net](http://www.give.net). You can also give through the church.

It is possible to sponsor one of the children supported by Arise for £25 each month. Full details are online at [www.kaniki.org/arise/future](http://www.kaniki.org/arise/future).

For details of Arise and Kapumpe visit [www.arisekapumpe.com](http://www.arisekapumpe.com)



# HAVEN NEWS



North Springfield Baptist Church

September 2019

## A VISIT TO ZAMBIA

Over the summer our minister Rev Peter Thomas and his wife Ruth spent a month working in Kaniki, a group of very poor rural villages 10 miles out from Ndola which is the second largest city in Zambia in the Copperbelt. Ruth is Director of Learning over a group of primary schools in Essex and she explained how the visit came about like this.

"A year ago, I was thanking God for all the training I have received as a teacher and teacher trainer, especially training in coaching teachers in Phonics and maths. I asked God if there was anyone He wanted me to share what I have learnt with. It seemed a very narrow field of expertise for anyone to need. Then I read an advert on the internet from Kapumpe Christian Primary School asking for exactly those things. God never rejects our offer of service.

Kapumpe has always taught reading using Phonics but several new teachers with no experience of Phonics had joined the school. After discussion with the leadership, we have trained the new teachers and refreshed the training for existing staff. We have also simplified the systems to make them easier to maintain as new staff come. The teachers have worked very hard with positivity and openness to the unfamiliar methods. We have seen great changes even within these few weeks. The children are now very enthusiastic about Phonics too. One Grade 6 boy even asked if he could have longer Phonics lessons because he was learning so much – not something you hear often in England! Kapumpe is a wonderful place to visit, full of hope and the love of Jesus, facing daily challenges but always trusting in God's provision and grace. I am very grateful to God for allowing me to come and work here this month and to learn from Him in this place."



Peter and Ruth also joined in the services at rural churches where Peter preached twice through interpreters. The worship was vibrant and the services were twice as long as we are used to in England. Christians in Zambia have a very strong faith and prayer

is very important in their lives. They trust and rely on God to provide for their needs and to help them in everything they do.

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A free book for everybody –  
"The Difference Jesus makes"  
Read about Jesus in a free copy of  
the New Testament

## Wings like eagles

*(The LORD) gives strength  
to the weary and increases  
the power of the weak.*

*Even youths grow tired and  
weary, and young men  
stumble and fall;*

*but those who hope in the  
LORD will renew their  
strength.*

*They will soar on wings like  
eagles; they will run and not  
grow weary, they will walk  
and not be faint.*

*(Isaiah 40:29-31)*



**KAPUMPE**  
CHRISTIAN PRIMARY SCHOOL  
*They will soar on wings  
like eagles Isa 40:31*

**ARISE**  
Empowering Orphans,  
Vulnerable Children  
and their Guardians



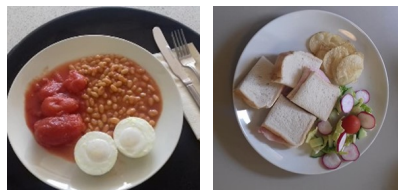
**HAVEN CAFÉ**   
Thursdays 9 am – 2 pm

**HAVEN CAFÉ**  
a safe and peaceful place

Delicious and reasonably priced food and drinks, where everybody feels welcome and can enjoy space to relax and be refreshed in body, mind and spirit.

**Free drink on your first visit – come try us out this week.**

**BREAKFASTS and LUNCHES**  
everything available all day



Bacon, Eggs, Sausages, Beans, Toast, butter and jam

Jacket Potatoes with fillings like cheese, ham, tuna, sweetcorn.

Sandwiches; Soups.

Ploughman's Lunches.

#### CAKES

Usually Coconut Cake;  
Lemon Drizzle Cake;  
Victoria Sponge and others.  
Scones with butter and jam.

#### DRINKS

Cappuccino; Latte; Chococino  
Teas: English, Earl Grey Tea,  
a wide range of Fruit Teas  
(Decaffeinated available)  
Cans e.g. Coke, Diet Coke,  
Tango, Sprite Zero; Apple and  
Orange juices; Bottled waters.



#### Why is our logo a lighthouse?

The lighthouse points people to the harbour, the place of safety in the storms of life. And it reminds us of Jesus Christ who said, **"I am the light of the world."**

## VILLAGE LIFE IN ZAMBIA



Around 10,000 people live in the diverse villages of Kaniki, Kamalasha, Misaka and Kamfinsa spread across 50 square miles. Most people survive by subsistence farming which is chiefly for maize. The maize needs to be harvested by hand, the kernels separated and dried and then



ground by hand or milled (for a price) to turn into flour called mealie meal. This is then boiled in water on an open coal or charcoal fire to make the staple food called *nshima* which is similar to *polenta*. This is a kind of thick porridge eaten just with salt, or with a sauce or beans or ground peanuts.



This will usually be their only meal of the day. People also try to grow "greens" and vegetables such as onions, tomatoes and cabbages. Most rural people can only afford to eat a little chicken or fish occasionally, and some never will. Malnutrition is a common problem among children especially in large families.

If people grow more food than they need then each village will usually have some kind of market with stalls where people can sell the produce they have grown. Some people travel by bus into Ndola to buy a big bag of foodstuff, which they take back to sell in smaller portions at a profit in their local market.

Most villages only have a deep well with a bucket or a borehole with a handpump or a stream to collect water and many people have to walk a distance every day just to collect water to drink and cook with and to put on their gardens or fields. The villages do not have mains electricity and only the richer families will have a solar panel for basic lighting. Most homes are lit by candles. Very basic medical care is free at the local clinic although this may still be two or three hours walk away – not easy when you are ill.

People raise cash by selling spare food. Some will have practical skills and may have some kind of regular job to earn money locally or in Ndola. Others will do "piecework"; some farming, or carrying water. They need money to buy simple essentials like salt and soap, candles, clothing and cooking equipment. Many need to pay rent for the basic hut they live in or for the field which they farm to grow their food. People will also need cash to pay bus fares to get into Ndola and especially if they need medical treatment at the hospital in town. Although primary education is meant to be free, most schools charge modest fees because they do not receive enough money from the government.



## The Arise Project

Originally called the Kaniki Orphan project, the tiny UK Christian charity Arise currently supports 169 children in the Kaniki area aged from Pre-School until the end of Secondary education, together with their 81 guardians. Arise pays the school fees for the orphans through both primary and secondary school and also provides its children with all the uniform, paper and pencils they need. When families run out of food Arise will supply them with the mealie meal ready to cook. This costs only around 1 Kwacha (6 pence) per portion so just £2 a month would pay for the staple food in the usual diet of a village person or child. Many families could never afford even this when the food they have grown themselves runs out.



Arise runs a weekly activity-based club for its primary-aged children and a monthly Saturday morning homework-club and advice centre for the secondary pupils, as well as supporting the guardians in various ways. The Project also tries to provide children with suitable shoes and clothes.

## Kapumpe Christian Primary School

The school was established in 2013 to provide a high quality education with a Christian ethos for the children supported by Arise and for others in the locality. There are 119 pupils at Kapumpe Christian Primary School and 64 of these are supported by Arise.



Most of the children walk an hour or even two hours each way to school every day. Each morning Kapumpe provides all their pupils with a cooked porridge breakfast and then a snack at break time, such as a banana or a simple sandwich. This is often the only food some of the children will receive. For some of them Kapumpe and their caring teachers also give them the only stable place in their very troubled lives.

The school is well equipped by local standards. It has mains electricity and safe drinking water from a borehole, filling a water tower by a solar pump (as all schools should have, but some do not). The school office has a very old computer and printer, but they cannot afford much paper and ink and so copies are very strictly limited. They have no craft materials, few teaching aids and very little equipment e.g. for science.



**We would like to pray for you**



As Christians we have all proved in our own experience that God exists and that God answers prayers. If you would like us to pray for you at our meetings for prayer, please get in touch by phone or email – contact details are overleaf.

## Sunday Services

**10.30 am** with Crèche and Sunday Club for children, followed by refreshments.

**Learning from Isaac and Jacob**

**6.30 pm** a quieter deeper time of worship & learning.

**"Knocked down but not knocked out" 2 Corinthians**

You can read all our sermons online at [www.pbthomas.com/blog](http://www.pbthomas.com/blog)

## Our weekly activities

### Toddler Group

Mondays 10.00-11.30 am  
Tuesdays 1.30-3.00 pm  
(during term-times only)

### HAVEN CAFÉ

Thursdays 9.00-2.00 pm

### Kraft Klub

Thursdays 2.30-4.30 pm

### Drop In

Fridays 2.00-4.00 pm

### Tamil Church of God

Sundays 3.00-5.00 pm